

Migrant Worker Resources in Nova Scotia

For Medical, Police and Fire Emergencies, call 911

| NOII-Hfx/Kjipuktuk Migrant Workers Program | |
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| <p>No One Is Illegal-Halifax Kjipuktuk is a grassroots movement dedicated to building power & solidarities for migrant justice across unceded Nova Scotia. Its Migrant Workers program engages in outreach, accompaniment, public education, and advocacy, in solidarity with migrant workers in the province.</p> | <p>Phone: (902) 329-9595</p> <p>Email: noii.hfx@gmail.com</p> <p>Website: https://www.migrantjusticencs.ca/migrant-workers-program</p> |

| General Health Services in your Community | | |
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| Services | Description | Contact |
| Hospitals | Find a hospital or health centre near you: https://www.nshealth.ca/locations | |
| Nova Scotia Nurses Hotline 811 | Nurses can provide advice on a broad range of everyday health concerns – in over 120 languages. | Phone: 811 Website: https://811.novascotia.ca/ |

| Mental Health | | |
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| Services | Description | Contact |
| Mental Health Mobile Crisis Team (MHMCT) | MHMCT provides crisis support for children, youth and adults experiencing mental health crises. | Phone: 902-429-8167 or 1-888-429-8167 Website: https://mha.nshealth.ca/en |

| Workplace Injuries | | |
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| Services | Description | Contact |
| Workers' Compensation Board of Nova Scotia | The Workers' Compensation Board provides workplace injury insurance to workers and employers in Nova Scotia. All employers of migrant workers in the Seasonal Agricultural Workers Program in Nova Scotia are required to have WCB coverage. If you've been injured on the job and are not able to work, you may qualify for WCB benefits. | Phone: 1-800-870-3331 (toll-free) 1-902-491-8999 (Halifax) 1-902-563-2444 (Sydney) Website: www.wcb.ns.ca/ |
| Office of the Worker Counsellor | The Office of the Worker Counsellor provides assistance to anyone navigating Workers Compensation and Occupational Health and Safety systems in Nova Scotia. Their services are confidential and free of charge. | Phone: 902 455 5455 Email: info@workercounsellor.ca Website: https://workercounsellor.ca/ |

| Literacy Classes | | |
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| Services | Description | Contact |
| Frontier College | Frontier College runs free programs in reading, writing, math, homework, adult education, and English language skills for underserved | Phone: 902-494-7003 1-888-425-1517 Email: halifax@frontiercollege.ca Website: https://www.frontiercollege.ca/Programs/By-Location/Nova-Scotia |

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| | children, youth, and adults. | |
| NS Public Library System | There are 80 libraries throughout the province and access is free to everyone. Some services include: internet, printing, digital services like online language training (Rocket Languages), borrowing books online, etc. | Find a library closest to you and then register for a card online: https://library.novascotia.ca/map |

| Food Support | | |
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| Services | Description | Contact |
| Feed Nova Scotia | Feed Nova Scotia brings together more than 140 food banks and free meal programs across the province. Search for food bank or other meal programs in your area at: | Website: https://www.feednovascotia.ca/find-food |

| Legal information | | |
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| Services | Description | Contact |
| Legal Info Nova Scotia | Legal Info NS provides access to legal information. Check out their website to access support via phone, email, and direct messaging. | Phone: 902-455-3135 (Halifax Region) 1 800 665-9779 (toll-free in North America) Website: https://www.legalinfo.org/ |

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| Justice Access | Justice Access is a bilingual (French-English) legal information centre that offers free and confidential services across Nova Scotia. | Phone: (902) 433-2085 1-844-250-8471 Email: info@ajefne.ns.ca Website (including inquiry form) https://www.ajefne.ns.ca/justice-access/ |
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| Transportation | | |
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| Services | Description | Contact |
| Rural Transportation Association (Rural Rides) | Rural rides is a network of rural bus services. Visit the website or call to get connected to a bus service nearby. | Phone: (902) 896-8959 Email: info@ruralrides.ca Website: https://ruralrides.ca/ |

| Taxes | | |
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| Services | Description | Contact |
| Canada Revenue Agency | Canada Revenue Agency is the federal agency responsible for all tax related information. | Phone: 1-800-959-8281 Website: https://www.canada.ca/en/services/taxes.html |
| Tax Clinic | Free Virtual (English and Spanish) Tax Clinic at the Nova Scotia Community College - Cumberland Campus - Springhill | Find a free online clinic to help file your taxes: https://www.canada.ca/en/revenue-agency/services/tax/individuals/community-volunteer-income-tax-program.html |

| Provision and Federal Government Services | | |
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| Services | Description | Contact |
| Service Canada | For information about SIN, EI benefits, pension, and other government benefits. | Phone: 1-800-622-6232 Website: https://www.canada.ca/en/employment-social-development/corporate/portfolio/service-canada.html |
| Nova Scotia Labour Standards Division | The Labour Standards Division deals with employment rights related to hours of work and breaks, deductions from pay, minimum wage, etc. You can file a complaint if you feel that that your employer has violated Nova Scotia Labour Standards. | Phone: Employment Rights Inquiries: 902-424-4311 Administrative Inquiries: 902-424-5637 Website: https://novascotia.ca/lae/employmentrights/ |
| Nova Scotia Human Rights Commission | The Nova Scotia Human Rights Commission is an independent government agency that administers the Nova Scotia Human Rights Act. You can file a complaint with them if you feel that your human rights have been violated. | Phone: 902-424-4111 Email: hrcinquiries@gov.ns.ca Website: https://humanrights.novascotia.ca/ |
| Nova Scotia 211 | NS 211 a free, confidential helpline and web service that connects you to community and social services in Nova Scotia, in over 140 languages. | Phone and WhatsApp: 211 Website: https://ns.211.ca/ |

| COVID-19 | | |
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| Services | Description | Contact |
| Nova Scotia Health | A dedicated number to schedule a vaccine or booster appointment or get a record of your vaccine history if you got previous COVID 19 vaccines in Nova Scotia. | Phone: 1-833-797-7772 |